



Monday	Tuesday	Wednesday	Thursday	Friday
Older Adult Fitness 9:15am -10:15am Sept 20 – Dec 13 12 wks Halls A & B # 459893 \$65.75/ \$59(65+)		Nordic Walking 9:00am – 10:00am Sept. 22 – Nov. 24 10 weeks #457313 \$64/\$57.50(65+)	Nordic Walking- L2 9:00am – 10:00am Sept. 23 – Nov. 25 #458891 10 weeks \$64/\$57.50(65+)	Older Adult Fitness 9:15am -10:15am Sept 24 – Dec 10 12 wks Halls A & B # 459901 \$65.75/\$59(65+)
Chair-ercise 10:30am – 11:30am Sept. 20 – Dec. 13 12 weeks Hall C #456615 \$65.75/\$59.00(65+)		Older Adult Fitness 9:15am -10:15am Sept 22 – Dec 8 12 wks Halls A & B # 459900 \$65.75/\$59(65+)	Writing for Enjoyment 9:15am –11:15am Sept 16 – Nov. 25 10 wks Boardroom #460648 \$107.50/\$96.75(65+)	Writing for Enjoyment 10:00am –12:00pm Sept 17 – Nov. 26 10 wks Boardroom #460650 \$107.50/\$96.75(65+)
Line Dancing – Level 3 10:30am -11:30am Sept 20 – Dec 13 12 wks Hall A & B #460064 \$65.75/\$59.00(65+)		Writing for Enjoyment 10:00am –12:00pm Sept 15 – Nov. 24 10 wks Boardroom #460647 \$107.50 /\$96.75(65+)	Nordic Walking-L1 10:15am – 11:15am Sept. 23 – Nov. 25 #458865 10 weeks \$64/\$57.50(65+)	Chair-ercise 10:30am – 11:30am Sept. 24 – Dec. 10 12 weeks Hall A&B #456698 \$65.75/\$59.00(65+)
Yoga-Senior Level 1 11:45-12:45pm Hall A 10 weeks Sept. 20 – Nov. 29 #460625 \$64.00/\$57.50 (65+)		Line Dancing -Level 4 10:30am -11:30am Sept 22 – Dec 8 12 wks Hall A & B #460293 \$65.75/\$59 (65+)	Writing for Enjoyment 11:30am –1:30pm Sept 16 – Nov. 25 10 wks Boardroom #460649 \$107.50/\$96.75(65+)	Chair-ercise 11:45am – 12:45am Sept. 24 – Dec. 10 12 weeks Hall A&B #457158 \$65.75/\$59.00(65+)
Nordic Walking Gentle 1:00pm – 2:00pm Sept. 20 – Nov. 29 10 weeks #458903 \$64/\$57.50(65+)			Fitness – NIA 10:00am –11:00am Sept 23 – Dec 2 10 wks Hall A #465620 \$64.00/57.50(65+)	Line Dancing-L1 1:00pm – 2:00 pm Sept 24– Dec 10 12 wks Hall A & B #460103 \$65.75/\$59.00(65+)
Tai-Chi Seniors Sept 27 – Dec 6 L1:12:30-1:30 #455893 L2: 1:30-2:30 #464778 L3: 2:30-3:30 #456161 10 wks Halls A & B \$55.00/\$49.50(65+)		Dancercise-Seniors Level 1 Sept 22 – Dec 08 12 wks Halls A & B #457008 1:00-2:00pm \$65.75/\$59.00 (65+)		Line Dancing-L2 2:15pm – 3:15pm Sept 24– Dec 10 12 wks Hall A & B #460171 \$65.75/\$59.00(65+)
Fitness-Zumba Gold 1:15pm – 2:15pm Sept 20 – Dec 13 Halls A&B 12 weeks #459951 \$76.75/\$69.00 (65+)		Dancercise-Seniors Level 2 Sept 22 – Dec 08 12 wks Halls A & B #457149 2:15-3:15pm \$65.75/\$59.00(65+)		
Guitar – L 1 Child/Youth Sept 20 – Dec 13 5:45pm – 7:15pm Lounge 12 weeks 13-14yrs #465978 \$123.50 15-17 yrs #460862 \$135.75	Yoga – Child/Youth Sept 14 – Dec 14 6:15pm – 7:15pm Program Rm 14 wks 12-14yrs #460059 \$75.25 15-18yrs #460062 \$89.50	Guitar – Level 1 Sept 22 – Dec 8 6:00-8:00pm Lounge 12 wks #460930 Adult: \$151.75 Senior: \$136.75	Guitar – Level 3 Child/Youth Sept 23 – Dec 09 7:00-8:30pm Lounge 12 wks 13-14yrs #465984 \$123.50 15-16yrs #464909 \$135.75	
Guitar-L2 Child/Youth Sept. 20 – Dec 13 7:30pm – 9:00pm Lounge 12 weeks 13-14 yrs #465981 \$123.50 15-17 yrs #460880 \$135.75	Yoga – Hatha Sept 14 – Dec 14 7:30pm – 8 :30pm Program Rm 14 wks #453650 Adult: \$89.50 Senior: \$80.50	Guitar – Level 2 Sept 22 – Dec 8 8:00-10:00pm Lounge 12 wks #460938 Adult: \$151.75 Senior: \$136.75	Yoga – Hatha Sept 16 – Dec 16 7:30pm – 8 :30pm Program Rm 14 wks #453651 Adult: \$89.50 Senior: \$80.50	
Spanish Level 3 Sept 13 – Dec 6 6:00-9:00pm 12 wks Boardroom #461024 \$166.00/\$149.25(65+)	Meditation on Twin Hearts Sept 21 – Dec. 7 12 wks 8-9pm #453646 Boardroom \$76.75/\$69.00 (65+)	Spanish Level 1 Sept 15 – Dec 1 6:00-9:00pm 12 wks Boardroom #460977 \$166.00/149.25(65+)	Spanish Level 2 Sept 16 – Dec 2 6:00-9:00pm 12 wks Boardroom #460984 \$166.00/149.25 (65+)	
Dancercise-Seniors Level 2 Sept 20 – Dec 20 8:15-9:15pm 12 wks Halls C #453149 \$65.75/\$59(65+)				Learning Series Thu. Sep. 30 - 460890 Thu. Oct . 28 - 460893 Thu. Nov. 25 -460895