



Seniors news

KANATA SENIORS COUNCIL

"Seniors Helping Seniors"

DECEMBER 2011

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TRAVEL

The Travel Team has arranged a number of exciting Trips for Dec
They include:

- Christmas Craft Sale and Auction with a performance of The Chordettes on Sat Dec 3rd
- Salvation Army Mass Bands Concert Trip on Sun Dec 11th
- Christmas Lights Trip on Wed Dec 28th



COUNCIL CAFE:

As the weather gets colder come and join us for a warm and hearty meal prepared by our expert cooks. The Cafe offers a welcoming place to meet your friends enjoy a warm and hearty meal.

The Council Cafe will be offering Gift Certificates for sale commencing Dec 1st in the amount of \$ 5.00 each. This is a great idea for a Christmas/Holiday Gift for your friends. You can pick them up in the Council Cafe.

We are looking for guest soup makers in the Cafe. If you are interested in showing off your soup making skills, please contact John Kern in the Council Cafe.



ANNOUNCEMENTS



SPONSORSHIPS

A new Director is taking over the Sponsorship Team as of January 2012. His name is Frank Zeitlhofer. Frank will be looking for additional sponsors for 2012.



WINDING IT UP ...

The year is drawing to a close in its usual flurry of holiday activities. The same is true of the Kanata Seniors Council where the pace has gone from fast to furious.

By the time this newsletter hits the stands (or comes before your eyes in one form or another) the Council the West Ottawa Seniors Summit will be a thing of the past and so, if some of the Council members are to be believed, will they!

Organized in just one month, with the support of not only the five Western Ottawa Councillors (Marianne Wilkinson, Allan Hubley, Scott Moffatt, Eli el Chantiry and Shad Quadri) but the City, the Council will have managed to replicate the successful Mayor's Summit that was held in October. The Mayor's summit had a ceiling of 200 attendees: the Ottawa West Seniors Summit has set its ceiling at just half that number. The purpose of holding a second summit was to accommodate those who were not able to register in time so that they too could have a voice in the elements that go into qualifying Ottawa as a UN approved "age-friendly" city.

If you want to see 'wound up' you only have to talk to a Council member! Here's wishing the event every success.



IT'S A WRAP!

Director Gail Jones is also getting wound up ... this time in scotch tape and holiday ribbons. She and her team of helpful 'elves' can be found at Hazeldean Mall from Friday, December 16th right up to Christmas Eve. As in times past, the Council will be providing all those items essential to putting the final finish of holiday paper, ribbons and bows to

make that gift a really special one. Designed to lighten your stress load at holiday time why not test the skill of Gail and her wrappers this season while you grab a coffee and a well-earned rest?

NEW RESPONSIBILITIES

There are some new faces and new responsibilities at the Council for this coming year. Liz Tucker, the Council's intrepid Treasurer, has taken on the responsibilities of Vice President while Lenna Gore, Frank Zeithofer (who has taken on the Sponsorship role as well as scheduler in the Council cafe) and Gerry Henry have been mostly warmly welcomed to the Board.

So, with 2012 just around the corner...

"And his voice could be heard as he drove out of sight ..." *Merry Christmas to all, and to all...* a very happy, healthy and prosperous New Year.



COMPUTERS

Free Wi-Fi is available at the Kanata Seniors Center. With your Wireless laptop surf the Internet, check your email and much more from the comfort of the KSC rooms – Lounge, Coffee Shoppe, Activity Rooms, Computer Room and Lobby. It's easy, free, and convenient and provided by the Kanata Seniors Council. Sign up for your password at the Front Desk.

Best deal in the City - **Book a series of One-on-One tailored computer lesson from one of our instructors** for Windows 7, WinXp, Vista and now Apple OS if you have your own MAC laptop. Learn how to make best use of your new laptop, learn a specific computer skill, solve a computer issue, or just how to use the internet and email. Visit the KSC front desk for more details. – **Now instruction is offered on Saturday Morning.**

Please also welcome several new instructors to the Computer Training Team.

If you are interested in having lessons on using SmartPhones, iPads, Apps and more please email computers@kanataseniors.ca so we can look into offering this kind of training on a more regular basis.

Please note our next Seminar is on Thursday December 1st from 1.30PM-3PM on "Social Networking" using computers.

Please call to register at 613 599 4480 as space is limited. Please go to <http://www.kanataseniors.ca/seminars.html> for details.



THE SENIORS COUNCIL WOULD LIKE TO THANK THE FOLLOWING CORPORATE SPONSORS FOR THEIR SUPPORT

BRIDLEWOOD DRUG MART
CARLETON PLACE MANOR RETIREMENT RESIDENCE
CHARTWELL KANATA RETIREMENT RESIDENCE
EMPRESS KANATA RETIREMENT RESIDENCE
KINGSWAY ARMS AT WALDEN VILLAGE RETIREMENT RESIDENCE

LYNWOOD PARK RETIREMENT RESIDENCE
REDWOODS RETIREMENT RESIDENCE
PALISADES RETIREMENT RESIDENCE
STONEHAVENHAVEN MANOR AND APARTMENTS RETIREMENT RESIDENCE
WATERSIDE RETIREMENT RESIDENCE
KELLY FUNERAL HOME
RICK & ASSOCIATES

SEASON'S GREETINGS TO ALL OUR READERS!!