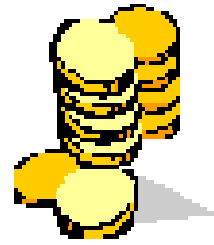




kanata



DISCOUNTS for seniors

Local stores and services which offer Seniors Discounts

Help us to keep the information on this page up to date

The aim of this page is to identify those stores and companies which offer seniors discounts. We will try to identify:

- when those discounts are offered (e.g. second Tuesday of the month)
- the amount of the discount
- the special terms or conditions required (card, age, regular price items only etc)
- other restrictions

We ask you help in identifying those stores which should be listed by providing the details listed above. These can be dropped off at the Seniors' Centre front desk for the Seniors Council, or the can be sent by email to scouncil@magma.ca

Disclaimer: Recommendations and discounts mentioned on this page are accurate to the best of our knowledge and should be used as a guide only. The actual discount and/or policy will be as published or advertised by the store, proprietor, agency or service at the time of purchase and may be subject to change. The opportunities mentioned on this page are not to be construed as having been recommended by the Kanata Seniors Council Inc.

DRUG STORES

Shoppers Drug Mart

All area Shoppers offers a Senior's Day the last Thursday of every month. Seniors get 20 % with an Optimum Card (which can be obtained free at the store) and 15 % without that card. Discounts excludes: sale items, prescriptions, insulin, codeine, tobacco products, newspapers, stamps, Life Experiences, lottery and bus tickets, electronic gift cards and prepaid phone cards. Discounts may not exceed \$50. Shoppers also have Super Senior's Day every few months. Information on those days will be listed in that week's flyer.

Rexall Pharma Plus

Seniors save 20% every last Tuesday of the month! (Applies to regular prices; excluding sale items, prescriptions, products with codeine, Home Health Care products, Gift Cards, lottery, transit tickets, baby formula and diapers, prepaid phone cards, cigarettes, fresh milk & bread and photofinishing.)

DEPARTMENT STORES

The Bay

The Bay is a national chain of department stores. The Bay offers a 15% discount to seniors across Ontario on the first Tuesday of each month.

Zellers

10% Seniors Discounts on the first Monday of each month. Must be 55 and over. They have some items that are excluded. Please check the store or flyer for exclusions.

BANKS

Canadian Imperial Bank of Commerce

60+ Chequing accounts no service fees, transaction fees apply, no commissions added to the drafts and money orders although they have a charge- 5\$ discount on safety deposit box fees. toll free 1-800-465-2422

TD Canada Trust

Discount_info: Has free chequing/transactions on chequing accts for seniors.

Toronto Dominion Bank

60+ no monthly fees—Free paperless, monthly statement, passbook, cheque return. Free basic cheques, no fee Cdn. and US drafts and money orders, \$5.00 discount on safety deposit rentals 1/4% interest bonus on GIC toll free 1-(800) 387-6545

ScotiaBank

Scotia Plus Program for Seniors. Age 59+. There is no monthly fee for up to 40 debit transactions (teller or non-teller) each month. Services Include: your choice of passbook or statement, free personalized Scotia Plus cheques, no service fees for certified or post-dated cheques and stop payments, no commission fees for bank drafts, money orders or regular American Express Travellers Cheques, discount of \$5 on the annual rental fee for any size safety deposit box.

HOTELS

Best Western

55 or better receive at least 10% off regular room rates at any of the nearly 2,400 Best Western locations in North America and many of the more than 1,700 locations elsewhere in the world.

Canadian Pacific Hotels

10% - 30% off regular room (rack) rates to AARP and CARP members. Restrictions and blackout dates may apply.

Choice Hotels International

(includes Clarion, Comfort Inn, Comfort Suites, Quality, Sleep Inn, Econo Lodge, MainStay Suites, Rodeway Inn) a 60+ traveler, you are entitled to savings of 20% - 30% when you book in advance at any of our participating hotels.

Days Inn

50 and older, September Days Club allows members to enjoy great discounts of 15% - 50% off standard room rates at more than 1,900 Days Inn hotels.

Sandman Hotels

Seniors 55 years or better will find fabulous discounts -approximately 25% off regular rates - at all 26 locations throughout Western Canada all year long.

CITY OF OTTAWA

Recreation Programs

Participants who are 65 years of age and over will receive a discount of 10% when registering for adult programs offered at all recreation facilities. Seniors rates exist for memberships, as well as public swimming and skating fees.

OC Transpo

Seniors 65+ are entitled to a Monthly Pass for \$26.25

MUSEUMS

Canadian War Museum

\$10 Adults; \$7 Seniors (65+) also only \$3.50 on Sundays. Free Thursday from 4 to 9 p.m.

Aviation Museum

\$6 Adults, \$4 Seniors (65+)

Museum of Civilization

\$10 Adults, \$7 Seniors (65+), also only \$3.50 on Sundays. Free Thursday from 4 to 9 p.m.

Museum of Nature

\$4 Adults, \$3.50 Seniors. Free admission on Saturdays until noon.

National gallery

\$6 Adults, \$5 Seniors. Free on Thursdays after 5 p.m.

MISCELANEOUS

Bulk Barn

10 % off for seniors at Bulk Barn on Wednesdays - locations throughout Ottawa.

Hallmark Cards

Hallmark Card shops in Ottawa offer 10% off for Seniors but you must ask for it.

Browns Cleaners

420 Hazeldean Road, offers 15% discount to Seniors. You can get 20% off instead if you pre-pay.

DENTIST

Dr. John Li, dentist, allows a 10% discount to seniors.

62 Stonehaven drive, Bridlewood Square, 270-0006. Accepts new patients

CHIROPRACTOR

Hazeldean Family Chiropractic Clinic offers a complete initial chiropractic consultation and examination (including x-rays if necessary) for only \$35.00 (a value of over \$120).

8-484 Hazeldean Rd., Tel: 613.831.9665

VIA RAIL

Take someone for a FREE ride! Take advantage of the standard 10% discount offered seniors and get a FREE second ticket for your accompanying spouse, child or friend!

ENTERTAINMENT

To be advised